Obstacles

An anonymous quote says it this way, "Obstacles do not block the path, they are the path." A.C.O.M. Coaching helps you to never let obstacles stop you from making your dreams a reality.

When you face challenging obstacles you can view them through the lenses of 'Assumptions' and 'Cycles.' You will no longer react to them or just resist them, but you can respond in ways that you and your team members can achieve great results and enjoy greater satisfaction in your end goal accomplishments.

A.C.O.M. coaching and workshops help you and your team identify, overcome, and eliminate obstacles. You can:

• Expand your comfort zone
• Improve your thinking
• Eliminate limiting beliefs
• Improve your ability to learn from mistakes or failure and move on

To overcome obstacles we need to recognize and build on our strengths. We need to see ourself, our situation, and our challenges clearly and press on to a new beginning. Laura is a client who made discoveries and did that.

> "Good morning Larry, I just wanted to let you know after weeks of going through the sessions with you, I have truly noticed a difference in my perspective overall, and I just feel like there's been this massive shift within myself, and things are so different and so much better. And nothing is changed except me!"

In the A.C.O.M. Approach we follow a premise that every coach needs a coach. I am privileged to have one of the best. She sees overcoming obstacles and building a bulletproof mindset as part of the critical path to unlimited growth potential.

She pushes me along that path to be more and do more than I could otherwise accomplish. If you want to become really good at overcoming obstacles we want to help and if you are a coach, maximize your effectiveness. Find a coach.

When dealing with 'Obstacles' there is a phrase, "Then What?" and it is the third of four big questions in the A.C.O.M. Coaching Approach.

"Then What?"

This could change your *actions*. It could change you and your work-life.
Connect with us at www.ACOMcoaching.com to learn more.